

Bobcat Times 2K18



America Rises Up from the Ashes of 9/11

On September 11, 2001, four aircrafts were hijacked. Although this life changing event was extremely tragic, it also made our country and citizens stronger, safer, and more united. Our school, RKBBH, organized a 9/11 ceremony. Many speakers attended the ceremony such as Chief of Police Sean Hemingway, Police Chaplin (Father John O’Grady), Mayor Stephanie Bruder, Town Manager Ronald Wasson, and the RKBBH chorus students. During this event, the audience had the pleasure of hearing essay contest win-

ner, Christina Ganem speech. She later stated, “I thought this event was such a success and the guest speakers really made an influence on the audience. They portrayed a strong message to the students and other citizens.” Christina Ganem also said, “The main purpose of my essay was to show the positive that came out of the tragedy and to enlighten the students and other members of the audience that although the tragedy caused unfortunate destruction to the country and the citizens, the country has become a safer and stronger united nation

because of it.” Undoubtedly, September 11, 2001 will never be forgotten and future generations will remember it as the day where all citizens united as one and the country became stronger and safer as a whole.



By: Lena Lascar-Dimitrova and Yael Rubinovich

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Words of Wisdom



“It doesn’t matter how smart you are, but how hard you try.”
 - Shae Carmona

By: Max Goldberg and Jed Hoffman

Lets Get Colorful: Boosterthon 2018!

Do you take pleasure in outdoor activities including jogging and getting covered with color, alongside some of your friends and classmates? Well, the Boosterthon Fun Run does exactly that! The Boosterthon is a program where kids pay a small fee to participate in an outside activity varying by grade level. According to the School Principal, Mr. Saperstein, and the Assistant Vice Principal, Mrs. Profeta, the money that is raised from this fundraiser is invested back into our school. The money has funded most of the computer carts in the Upper Academy classrooms that are

used towards the student’s education, and has even helped fund some student field trips. The PTA president, Mrs. Campbell, claims that Boosterthon is the PTA’s favorite way to raise money because the students always love to take part in these activities! The Boosterthon organizes pep rallies for the students where they have engaging activities such as lip-sync battles, guess-the-song challenges, and guess-the-Vine challenges. These pep rallies inform and encourage the students to enroll in the programs for an entertaining way to give back to their school.



By: Christina Ganem and Mia Gottesman

Miller's Mint Tea!

Ingredients:

1. Water
2. Half a cup of mint leaves
3. Coffee Filter
4. String
5. Sugar (optional)

Directions

1. Boil water with an adult.
2. Separately, place the mint leaves in the middle of the coffee filter.
3. Gather each side of the coffee filter, wrap the string around tightly, and knot it to hold the tea bag.
4. Pour the hot, boiled water into a cup.
5. Place the tea bag in the cup and let steep for 2-5 minutes.
6. Add sugar (optional).
7. Enjoy your homemade mint tea!



By: Jed Hoffman and Matisse Oswald

Trash to Treasure



Mrs. Miller is selling amazing recycled Capri Sun wallets, wooden necklaces, recycled crayons, pop-top bracelets, and chokers! All these items are made by her recycling club. The wallets, recycled wooden necklace, and the crayons are at a low price of \$2.00. The pop top bracelets and chokers are \$1.00.

By: Matisse Oswald and Jed Hoffman

Back To School



1. Add Movement Into Learning: Bring learning into the outdoors, many people hate doing homework, but if you do it with a fun twist, you'll have a better time and work more diligently. An example is giving yourself time limits, 30 minutes of homework 10 minute break.

2. Notebook Highlighter: An easy way to tell your notebooks apart from each other is to highlight the bottom and top side of the notebook in different colors.

3. Candy/ Snack Notes: If you're studying for a test coming up, and you don't want to study, just eat a Candy/ Snack for every paragraph you complete to

make you look forward to finishing your paragraphs.

4. Write It Out: Writing something out is equivalent to reading it seven times. Write what you are studying out instead of reading it!

5. Paper Cup Math: When you need to study for a math test, take three or more paper cups, write answer choices on the brims of the cups, and stack them, so you can test yourself and study your math in a fun way!

6. Create a homework station: When home from school after a long day, create a little station for you to do your homework neatly and organized, while having fun doing it. Organization is proven to set a more focused

Life Hacks!

and effective mindset to get your homework done and done correctly.



Paper Cup Math Example!

By: Dylan Schucher and Seth Cruz

Advice Column: Dear Lauren

Dear Lauren, do you have any tips on how to build confidence?

The best way to build confidence is not to care what others think about you. It sounds hard, but being able to not care will help you become stronger. In the future, it won't matter what shoes you wore, or which shirt you bought. The only thing that will matter is the attitude you have when wearing it. It might take some time for you to feel confident, but change doesn't happen overnight. If you really want something to work, then you have to be dedicated and patient. Having the strength to gain confidence can sometimes be difficult,

especially when you're new to it. The one thing you can't do is give up when you don't feel any change. You could also consider joining an acting class where you can express yourself, and learn not to be shy in front of people. Starting other activities you know you're good at can also boost your confidence and make you feel better about yourself.

Dear Lauren, what do I do when I feel overwhelmed, anxious, and stressed?

Stress is a feeling that gets the best of a lot of us. It can sometimes be hard to cope with. Whether you are nervous, scared, or just simply freaking out, there are a few things you can do

to help. Finding something that relaxes you is a good solution. For example, you could find a sport, musical instrument, or anything that calms your nerves in a stressful situation. You can also do some meditation exercises at home to help you relax. Lastly, if all else fails, you could go talk to a counselor at school or discuss with any adult you trust about seeing a professional who can help you deal with what you may be feeling. Do not think you are alone, feeling this way is completely normal. Therefore, do not feel ashamed of it. Find your "method" and you will soon feel great!

By: Lauren Herzfeld, Alyssa Brafman, and Valentina Garcia